

**THORNE**



# Recovery

Thorne's NSF Certified for Sport® recovery products provide nutritional support for muscle repair and recovery, restful sleep, and a healthy inflammatory response.\*



## Amino Complex

- / Available in lemon and berry flavors.
- / Clinically-validated EAA and BCAA formula that supports your muscles and your love for training and weightlifting.\*
- / Take after a workout to promote recovery.\*
- / The active ingredient formulation in Amino Complex supports muscle mass by stimulating muscle fiber hypertrophy.\*



## Curcumin Phytosome 1000 mg

- / Well-absorbed curcumin for relief from occasional joint and muscle soreness.\*
- / Helps maintain a healthy inflammatory response throughout the body, and provides relief from overuse of muscles and joints and supports healing of injuries.\*
- / The most clinically studied curcumin on the market with as much as 29x greater absorption than ordinary curcumin.
- / Meriva's superior curcumin absorption is attributable to a unique formula that contains three curcuminoids and is based on a proprietary "phytosome" technology.



## RecoveryPro®

- / Chocolate flavored.
- / Supports restful sleep and optimizes nighttime muscle recovery.\*
- / Enhances lean muscle mass while you sleep.\*
- / Lowers cortisol to modulate stress.\*



## Whey Protein

- / Available in chocolate and vanilla flavors.
- / 21 grams of protein per serving.
- / Whey protein is known for its high bioavailability.
- / Considered a complete protein because it contains all essential amino acids.

**T**

800-228-1966  
support@thorne.com

Shop now  
[www.thorne.com](http://www.thorne.com)

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

ThorneRecovery\_V01\_08.26.22 | Copyright© 2022, Thorne Research, Inc. All rights reserved.