



*Essential trace mineral in highly absorbable, amino acid chelate form*

## PATIENT BENEFITS

- Promotes immune and reproductive health
- Supports protein metabolism, wound healing and normal inflammatory response
- Promotes vision and sensory perception
- Supports testosterone metabolism and a healthy prostate gland

## UNIQUE PROPERTIES

Zinc is an essential trace mineral needed by the body for a diverse range of functions. While large amounts of zinc are deposited in bone and muscle, these stores are not easily available to the rest of the body, making daily intake and absorption vital. Dietary intake among Americans frequently falls below what is recommended. Additionally, certain dietary factors, such as phytic acid found in grains and high fiber foods, can interfere with the body's absorption of minerals. Individuals susceptible to zinc deficiency include the elderly, the immuno-compromised, those on parenteral nutrition, and burn victims.

Because zinc is ionized in the gut prior to absorption, Patient One supplies 30mg of zinc as Zinc Bisglycinate, a totally reacted, nutritionally functional zinc amino acid chelate. In this proprietary TRAACS® formulation, zinc is coupled with two glycine molecules to facilitate its absorption across the intestinal wall and reduce interference from phytates and competing minerals. This form has been shown to be readily absorbed by the body.

## USES FOR ZINC

Hundreds of enzymes rely on zinc for their normal activities in cellular metabolism. Zinc is a cofactor in carbohydrate and protein metabolism. It is also related to the normal absorption and actions of the B vitamins.

The important role of zinc in protein metabolism is connected to its essential role in wound healing, normal inflammatory response, along with normal fetal development and growth and development during childhood and adolescence. The mineral is instrumental for the maintenance and integrity of skin and mucous membranes and plays an important role in collagen formation and healthy tissue development.

Zinc provides immune support, promoting healthy neutrophil, natural killer cell and T-lymphocyte function. Studies show that zinc helps the body defend against infection.

Zinc supports healthy vision and sensory perception, including normal taste and smell. It contributes to healthy prostatic function and supports reproductive health, as it is required for sperm maturation. The body's endocrine system depends on adequate zinc to support the regulation of insulin activity and the conversion of thyroxine (T4) to the active thyroid hormone triiodothyronine (T3).

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## Supplement Facts

**Serving Size:** 1 Capsule

**Servings Per Container:** 90

Amount Per Serving	% Daily Value	
Zinc (as TRAACS® zinc bisglycinate chelate)	30 mg	200%

\*\* Daily Values are based on a 2,000 calorie per day diet.

**Other Ingredients:** rice flour, vegetable cellulose (capsule), l-leucine

**Free of:** milk, egg, fish, peanuts, crustacean shellfish (lobster, crab or shrimp), soybeans, tree nuts, wheat, yeast, gluten, or pork. Contains NO artificial sweeteners, flavors, colors, or preservatives. This product is free of ingredients derived from genetically modified organisms (GMOs).

**Suggested Use:** Take 1 capsule daily, preferably with a meal, as a dietary supplement, or as directed by a qualified health care practitioner.

**Caution:** If you are pregnant, nursing or taking medications, consult your doctor before use. Discontinue use and consult doctor if any adverse reactions occur.

GLUTEN FREE



Vegetable Caps



TRAACS®



The statements in this document have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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