



# Immune Support Protocol\*

Objective	Product Recommendation	Dosage	Key Ingredients
Supports healthy immune function, daily energy, resilience, and healthy inflammation response*†	<b>Andrographis EP80™ Extra Strength</b>	1 capsule daily, or as recommended by a healthcare practitioner.	Andrographis EP80™ ( <i>Andrographis paniculata</i> ) Leaf Extract, providing a total of 80 mg of andrographolides
Provides upper respiratory, immune, and healthy sleep support*	<b>Andrographis Immune* (with Zinc, Selenium, and Melatonin)</b>	1 capsule taken 1-2 hours before bedtime, or as recommended by a healthcare practitioner.	Zinc (from TRAACS™ Zinc Bisglycinate Chelate), Selenium (as selenium yeast) ( <i>Saccharomyces cerevisiae</i> ), Andrographis ( <i>Andrographis paniculata</i> ) Leaf Extract (EP80™), providing a total of 60 mg of andrographolides, Melatonin
Provides long-term lung and cellular support*	<b>BosPro™</b>	1 softgel daily, or as recommended by a healthcare practitioner.	Boswellia ( <i>Boswellia serrata</i> ) Gum Resin Extract (BOS-10®) standardized to contain ≥ 70% Total Organic and Boswellic Acids with AKBA ≥ 10%, with ≤ 5% beta-boswellic acids
Provides key immune vitamins and minerals to support a healthy immune system*	<b>Elderberry Immune Complex*</b>	1 tablet taken 1-2 times daily, or as recommended by a healthcare practitioner.	Vitamin A (as retinyl acetate), Vitamin C (as ascorbic acid), Vitamin D3 (as cholecalciferol), Vitamin E (as d-alpha and mixed tocopherols), Calcium (from calcium lactate), Magnesium (from magnesium citrate), Zinc (from TRAACS™ Zinc Bisglycinate Chelate), Selenium (as selenium yeast) ( <i>Saccharomyces cerevisiae</i> ), Elderberry ( <i>Sambucus nigra</i> ) Fruit Extract, Standardized to ≥ 12% anthocyanins, Bioflavonoids Complex from Citrus ( <i>Citrus</i> spp) Peel Extract
Builds a daily foundation with bioavailable B-vitamins, chelated minerals, and other critical nutrients*	<b>Essential Multivitamin</b>	2 tablets daily, or as recommended by a healthcare practitioner. May increase to 2 tablets twice daily. 1 tablet daily for children ages 12 and up.	Vitamin A (as retinyl palmitate), Vitamin C (from calcium ascorbate), Vitamin D3 (as cholecalciferol), Vitamin E (as d-alpha and mixed tocopherols), Vitamin K2 (as Mena Q7® menaquinone-7), Riboflavin (Vitamin B2), Niacin (Vitamin B3) (as niacin and from niacinamide), Vitamin B6 (from pyridoxal-5-phosphate), Folate (from (6S)-5-Methyltetrahydrofolic acid, glucosamine salt)†, Vitamin B12 (as methylcobalamin), Biotin (as D-biotin), Pantothenic acid (from d-calcium pantothenate), Choline (from choline bitartrate), Calcium (from TRAACS™ Calcium Glycinate Chelate, calcium fructoborate, calcium ascorbate, and d-calcium pantothenate), Iodine (from potassium iodide), Magnesium (TRAACS™ Magnesium Bisglycinate Chelate Buffered (Magnesium Bisglycinate Chelate and Magnesium Oxide)), Zinc (from TRAACS™ Zinc Glycinate), Selenium (from Selenium Glycinate Complex), Copper (from TRAACS™ Copper Glycinate Chelate), Manganese (from TRAACS™ Manganese Glycinate Chelate), Chromium (from TRAACS™ Chromium Nicotinate Glycinate Chelate), Molybdenum (from TRAACS™ Molybdenum Glycinate Chelate), Potassium (from Potassium Glycinate Complex), Ginger ( <i>Zingiber officinale</i> ) Rhizome Extract Standardized for ≥ 5% gingerols and shogaols (5 mg), Benfotiamine, Inositol, Bioflavonoids from Citrus ( <i>Citrus aurantium</i> ) Peel Extract, PABA (para-aminobenzoic acid), Boron (from calcium fructoborate), Vanadium (from TRAACS™ Vanadium Nicotinate Glycinate Chelate) † US Patent No. 7,947,662
Provides quercetin combined with GammaSorb™ for ready absorption and bioavailability plus synergistic vitamin C to support a healthy immune system, respiratory function, and healthy histamine levels*^	<b>Quercetin plus Vitamin C</b>	1 capsule daily, or as recommended by a healthcare practitioner.	Vitamin C (as ascorbic acid), Quercetin [from Japanese pagoda tree ( <i>Sophora japonica</i> ) flower buds]
Supports sinus cilia activity and soothes mucous membranes*	<b>Sinutol™ Extra Strength</b>	1 enteric-coated softgel, up to 3 times daily, or as recommended by a healthcare practitioner. DO NOT CHEW.	Double Strength Proprietary Formula: Containing Eucalyptus ( <i>Eucalyptus radiata</i> ) Leaf Oil with 50-70% 1,8 cineole, 2-15% alpha terpineol, < 10% alpha pinene, and < 10% limonene, Myrtle ( <i>Myrtus communis</i> ) Leaf Oil containing 20-60% alpha pinene, 15-35% 1,8 cineole and < 20% limonene, Lemon ( <i>Citrus limon</i> ) Zest Oil
Builds strong vitamin D3 levels for overall immune system strength and function*	<b>Vitamin D3 Chewable (5,000 IU)</b>	1 tablet daily, or as recommended by a healthcare practitioner.	Vitamin D3 (as cholecalciferol)