

# HOST DEFENSE<sup>®</sup> Mushrooms<sup>™</sup>

## STAMETS 7

### A CASE OF MUSHROOM SYNERGY FOR IMMUNE SUPPORT<sup>1</sup>

- In comparing the results of using a 7-species blend, the macrophage activity increased 3267% from the myceliated rice, compared to a mean average of 2962% for the activity of each of the 7 species individually.
- NK cell activity increased 315% for 7-species blend, compared to a mean average of 238% for each individual species.

**Synergistic combinations of mushroom species** appear to activate collective subfields of receptor sites, eliciting a wide range of positive responses that result in improved immunological health.

### \*FULL BODY SUPPORT

- Supports balanced immune response
- Maintains blood sugar levels already within the normal range
- Promotes healthy energy and libido
- Supports cardiovascular health
- Supports lung health
- Supports Neurological functioning
- For men: supports prostate health

1- Potentiation of Cell-Mediated Host Defense Using Fruitbodies and Mycelia of Medicinal Mushrooms, Paul E. Stamets, International Journal of Medicinal Mushrooms, Vol. 5, pp. 181-193 (2003)

\* Health claims are based on ingredient research studies – not on product itself.



Suggested use  
2 caps daily



Supplement Facts	
Information sur le supplément	
Serving Size: 2 Capsules / Servings Per Container: 30	
Portion : 2 capsules / Portions par contenant : 30	
Amount Per Serving / Contenu par portion	
Royal Sun Blazei ( <i>Agaricus brasiliensis</i> f. <i>blazei</i> ) mycelium / Mycélium d'agaricus ‡	143 mg †
Cordyceps mycelium / Mycélium de cordyceps ‡	143 mg †
Reishi ( <i>Ganoderma lucidum</i> s.l.) mycelium / Mycélium de reishi ‡	143 mg †
Maitake ( <i>Grifola frondosa</i> ) mycelium / Mycélium de maitake ‡	143 mg †
Lion's Mane ( <i>Hericium erinaceus</i> ) mycelium / Mycélium d'hydre hérisson ‡	143 mg †
Chaga ( <i>Inonotus obliquus</i> ) mycelium / Mycélium de chaga ‡	143 mg †
Mesima ( <i>Phellinus linteus</i> ) mycelium / Mycélium de mesima ‡	143 mg †

†Daily value not established ‡Certified Organic  
‡Valeur quotidienne non établie ‡Certifié biologique