

# BioFem™ Transition

**Black Cohosh  
Diosgenin  
DHEA**



## INNOVATIVE INGREDIENTS. CLINICAL FORMULATIONS.

Menopause can have profound effects on comfort and quality of life, particularly related to vasomotor response, memory, focus, sleep, mood, and skin appearance. Cardiovascular and bone health are also important considerations in aging women.

Black cohosh is a traditional women's herb that may help support healthy climacteric balance related to menopause. Black cohosh may also support cardiovascular health by supporting healthy vascular elasticity and bone strength by supporting normal osteoblast activity.

The flavonoid 8-prenylnaringenin may bind to both alpha- and beta-estrogen receptors. ER $\alpha$  is present in bone and reproductive tissue, while ER $\beta$  plays a role in the immune system. Both estrogen receptor types are found in significant levels in the cardiovascular and CNS systems.

Pregnenolone is a neurosteroid precursor to cortisol, DHEA and progesterone. DHEA is a steroid hormone that has been called the "mother hormone" since it is a precursor to estrogens and androgens. It decreases with age and may be correlated with bone strength and cardiovascular health.

**Product #:** 91646

**Size:** 60ct

**SRP:** \$50.69

## BIOFEM TRANSITION CAN HELP SUPPORT:

- Vasomotor comfort during menopause/perimenopause\*
- Bone strength and cardiovascular health\*
- Balanced mood and positive outlook\*

## FEATURES

- 160 mg black cohosh standardized extract per capsule plus dong quai, hops and ginkgo
- 15 mg wild yam-derived diosgenin per capsule
- 1:1 ratio of DHEA and pregnenolone at low levels
- Gluten-free, vegan, non-GMO formula

**Directions:** Use only as directed. Take 1 capsule daily or as directed by your healthcare practitioner. Keep tightly capped and store in a cool, dry place.

### 1 capsule contains:

DHEA (dehydroepiandrosterone).....	5 mg
Pregnenolone.....	5 mg
Black Cohosh ( <i>Cimicifuga racemosa</i> ).....	160 mg (root extract) (2.5% triterpene glycosides)
Wild Yam ( <i>Dioscorea villosa</i> ) (root extract).....	150 mg (10% diosgenin)
Dong Quai ( <i>Angelica sinensis</i> ) root.....	150 mg
Hops ( <i>Humulus lupulus</i> ) (cone extract).....	67 mg (0.15% 8-prenylnaringenin)
Ginkgo ( <i>Ginkgo biloba</i> ) (leaf extract).....	50 mg (24% ginkgo flavonglycosides, 6% terpene lactones)

**Other ingredients:** Vegetable cellulose capsule, maltodextrin, cellulose, gum arabic, rice bran extract, silica.