

# Ultra CoQ10

**Coenzyme Q10  
Sunflower Lecithin  
BioPerine®**



## INNOVATIVE INGREDIENTS. CLINICAL FORMULATIONS.

Coenzyme Q10 is a fat-soluble, vitamin-like compound that plays a significant role in the mitochondrial electron transport chain involved in adenosine triphosphate (ATP) production. It resides in cell membranes and is present in virtually every tissue of the body. Coenzyme Q10 is required for oxidative phosphorylation, the final phase in converting potential energy from fatty acids and carbohydrates into ATP, the energy currency of cells.

Coenzyme Q10 biosynthesis requires numerous B-vitamins plus vitamin C and trace minerals. Thus, deficiencies in these nutrients can lead to lowered coenzyme Q10 production. Some pharmacologic agents can also lower intrinsic coenzyme Q10 synthesis.

The same property that makes coenzyme Q10 instrumental in the electron transport train—the ability to readily accept and donate electrons—also makes it a powerful antioxidant. In fact, coenzyme Q10 is one of the primary defenses against oxidation within lipoproteins and cell membranes, making it an important player in supporting healthy cardiovascular function.

## FEATURES

- 100 mg coenzyme Q10 per capsule
- Sunflower lecithin for enhanced coenzyme Q10 stability and absorption
- BioPerine® to optimize coenzyme Q10 bioavailability
- Gluten-free, vegan, non-GMO formula

## ULTRA COQ10 CAN HELP SUPPORT:

- Mitochondrial electron transport and cellular ATP synthesis\*
- Antioxidant protection of cell membranes, lipoproteins and DNA\*
- Balanced blood sugar already in a normal range\*
- Cardiovascular, musculoskeletal and neurological health\*
- Coenzyme Q10 replenishment following medication-associated changes\*

**Directions:** Use only as directed. Take 1 capsule up to twice daily or as directed by your healthcare practitioner. Keep tightly capped and store in a cool, dry place.

### 1 capsule contains:

Sunflower ( <i>Helianthus annuus</i> ) Lecithin .....	150 mg
Coenzyme Q10 .....	100 mg
BioPerine® ((black pepper) ( <i>Piper nigrum</i> ) ..... (peppercorn extract) (95% piperine))	5 mg

**Other ingredients:** Cellulose, vegetable cellulose capsule, organic rice extract blend, silica.

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**Product #:** 10241

**Size:** 60ct

**SRP:** \$50.99