

**PROFESSIONAL ONLY HERB FORMULA DATASHEET**  
The information contained in this piece is for licensed healthcare professionals only.

**TCMCeuticals® Colon Harmony: Help Support Healthy Colon Function\***

TCMCeuticals® Digestive Health Formulas are designed by Dr. Haihe Tian Ph.D., A.P. (Florida). He graduated from Beijing University of Chinese Medicine with a Ph.D in 1993 specialized in Digestive Health. TCMCeuticals® Digestive Health Line is based on the most common conditions Dr. Tian has helped his clients over many years of clinical experience. Each of these formulas are specifically designed for one of the following areas: *Upper GI tract, Stomach, and Lower GI tract\**.

**Colon Harmony** assists with harmonizing the lower GI tract. Essentially, this formula is for an imbalance of function and bacteria in the lower gut\*.

**Chinese Medicine Pattern:** Spleen Yang Deficiency, Liver Qi stagnation\*.

**TCM Treatment Principle:** Raise the Spleen Qi, Restore the Spleen function, Sooth the Liver Qi for Liver Qi stagnation\*.



**Colon Harmony** contains the following ingredients:

<b>He Ye (Chief Herb)</b>	Raise Spleen Yang for diarrhea due to Spleen Qi def*.
<b>Ge Gen (Chief Herb)</b>	Alleviate diarrhea due to Spleen Qi def*.
<b>Xiang Fu (Chief Herb)</b>	Regulate Liver due to Liver Qi stagnation*
Chai Hu	Raise Yang Qi for Spleen & Stomach def., assists with Liver Qi stagnation due to emotional constraint*
Bai Zhu (Chao)	Supplement Spleen & Stomach Qi*
Bai Shao	Softens and calms Liver, alleviate abdominal pain*
Shan Yao	Supplement Spleen & Stomach Qi, nourish yin*
Rou Gui	Supplement Spleen & Kidney Yang, alleviate abdominal pain*
Gan Cao (Mi)	Assist Bai Shao in softening Liver for abdominal pain and cramping, harmonizing*

**Recommended Dosage:** Take 3 veggie-capsules after meal, three times daily.

**Days to use the formula:** Recommended to use for 2-3, or up to 6 months. This formula can be taken long term. Once function is restored lower the dose for maintenance or stop the formula depending on the patient.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. The information contained in this piece is for licensed healthcare professionals only.