

PROFESSIONAL ONLY HERB FORMULA DATASHEET
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TCMCeuticals® Digestive Support: Help Enhance Healthy Digestive Function*

TCMCeuticals® Digestive Health Formulas are designed by Dr. Haihe Tian Ph.D., A.P. (Florida). He graduated from Beijing University of Chinese Medicine with a Ph.D in 1993 specialized in Digestive Health. TCMCeuticals® Digestive Health Line is based on the most common conditions Dr. Tian has helped his clients over many years of clinical experience. Each of these formulas are specifically designed for one of the following areas: *Upper GI tract, Stomach, and Lower GI tract**.

Digestive Support supports the function of digestion in stomach. The Chinese Medicine pattern is mainly for Qi stagnation in the stomach. This may be due to over eating or poor dietary habits. Digestive Support is also useful for digestive problems due to emotional upset*.

Chinese Medicine Pattern: Spleen and Stomach Qi deficiency with Liver Qi stagnation.

TCM Treatment Principle: Regulate the Qi in the middle, Direct rebellious Qi downward, and Soothe the Liver Qi.



Digestive Support contains the following ingredients:

Chai Hu (Chief Herb)	Spread Liver Qi, regulate emotions, balance Liver and Spleen disharmony, decrease pain*
Xiang Fu (Chief Herb)	Spread Liver Qi, regulate emotions, balance Liver and Spleen disharmony, decrease pain*
Zhi Ke	Move Qi to assist with bloat and distension*
Da Fu Pi	Move and direct Qi downward to reduce food stagnation, expel dampness*
Xiang Yuan	Assist Fo Shou & Chai Hu for hypochondriac pain due to Liver Qi stagnation*
Fo Shou	Spread Liver Qi, harmonize Stomach, strengthen Spleen*
Zi Su Geng	Harmonize stomach, resolve damp stagnation*
Bai Shao (Chao)	Calm and soften Liver Qi, harmonize Liver & Spleen*
Gan Cao (Mi)	Alleviate cramps and spasms, harmonizing*
Yan Hu Suo	Move Qi and blood to alleviate pain*

Recommended Dosage: Take 3 vegi-capsules after meal, three times daily.

Days to use the formula: Recommended to use for 2-3, or up to 6 months. This formula can be taken long term. Once function is restored lower the dose for maintenance or stop the formula depending on the patient.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. The information contained in this piece is for licensed healthcare professionals only.