

Organic Maca Powder

(gelatinized powder supplement formula)

ITEM
#1818

Healthy hormones and energy

Organika's Organic Maca powder undergoes a specialized procedure called gelatinization. Despite the name, this procedure does not involve gelatin in any form; it consists of splitting large starch chains into smaller molecules. This leads to a much smoother, less gritty experience for you. The additional slow cooking in our gelatinization methods may enhance the availability of some nutrients and minerals.

Benefits in the body from Organic Maca powder supplementation:

- Traditionally used to support stress response and adrenal glands
- Studied for its effect on stamina and athletic performance
- Supports healthy hormone balance
- Treated for less starch content, less bloating and better absorption

Features of Organic Maca Powder supplement

The root vegetable *Lepidium meyenii* (maca) is a member of the cruciferous family that also includes broccoli, cauliflower and kale. In the high altitudes of the Andes Mountains where our maca root is grown, the harsh environment has shaped this superfood to be tough enough to withstand any environmental challenge. It passes its strength on to you. The roots are carefully selected, then washed before they are cut, cooked, dried and made ready for milling.

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Clinical Instance

Supportive in cases of stress, adrenal fatigue. Athletic performance and stamina enhancement. Hormone balancing.

Clinical Application

Organika's Organic Maca powder can be used for therapeutic support of adrenals, cortisol level management. Patients seeking emotional support in libido as maca lowers inflammation while invigorating and boosting a healthy lifestyle. When experiencing hormonal symptoms in women, maca helps to balance in cases of premenstrual symptom management as well as menopause; additionally, for women, maca supports healthy bone structure. For men, maca supplementation promotes healthy testosterone levels.

Safety

Consult a health care practitioner to see if the product is right for you.

How to Use:

Mix into lattes, cocoa, coffee or your favourite drink. Also makes for delicious smoothies and baked goods! For best results, mix 1 tsp. (5 g) of Maca for every 350 ml drink.

Every 1 teaspoon serving is equal to 5G or 5,000MG pure maca.

NON- Medicinal Ingredients: n/a