

Marine Collagen Powder

ORGANIKA
AUTHENTICALLY CANADIAN

(hydrolyzed supplement formula)

ITEM
#1859

Amino acids for overall health

Organika's Marine Collagen powder contains 15 essential, and non-essential amino acids to boost your overall health. Marine Collagen is an excellent alternative to bovine-sourced collagen. Made from the scales of cod, pollock and haddock, wild caught in the North Atlantic.

Benefits in the body from marine collagen supplementation:

- Strengthens hair and nails
- Helps maintain healthy joints
- Amino acids to boost your overall health and aid in protein synthesis
- Lysine to help increase your own collagen formation
- 9 g of protein per serving

MEDICINAL INGREDIENT — EACH 10G SERVING CONTAINS:

Hydrolyzed Collagen (Fish Scales) 5g

AMINO ACID PROFILE:

- Alanine 9.1% (455 mg)
- Arginine 5.4% (270 mg)
- Aspartic Acid 4.6% (230 mg)
- Glycine 24.4% (1,220 mg)
- Hydroxylysine 0.5% (25 mg)
- Hydroxyproline 7.3% (365 mg)
- Isoleucine 0.9% (45 mg)
- Leucine 2.1% (105 mg)
- Lysine 2.7% (135 mg)
- Methionine 1.0% (50 mg)
- Phenylalanine 1.4% (70 mg)
- Proline 9.3% (465 mg)
- Protein 90% (4,500 mg)
- Serine 3.0% (150 mg)
- Threonine 2.9% (145 mg)
- Valine 1.9% (95 mg)

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Clinical Instance

Patients looking to support joint, gut, skin and hair health. As well as easy incorporation of additional proteins and amino acids.

Clinical Application

Hydrolyzed Marine Collagen powder can be used for therapeutic relief of joint pain, where it may reduce inflammation. Collagen is also shown to increase moisture in the body, support skin and hair health. Marine Collagen powder is a protein source beneficial to many diets and a good consideration for people on a liquid consumption regime.

Safety

Consult a health care practitioner prior to fish collagen powder use if you are pregnant or breastfeeding; or have liver or kidney disease or if you have been instructed to follow a low protein diet. May cause mild gastrointestinal disturbances. Do not use if allergic to fish.

How to Use:

- Mix into your favourite hot or cold drinks
- Add to smoothies, cooking, or baking
- Completely flavourless and odourless

NON- Medicinal Ingredients: n/a

DURATION OF USE:

Joint Pain - Use for a minimum of 5 months to see beneficial effects.